

Stay Safe This Summer

This summer, the [National Weather Service](#) (NWS) wants you to be prepared for weather and water hazards. Know Your Risk and Take Action:

1. Know Your Risk

Being prepared means learning about summer weather and water hazards such as hurricanes, tornados, heat, lightning, and more... Here's what you need to know:

- The Atlantic hurricane season runs from June 1 through November 30. Hurricane hazards come in many forms, including storm surge, heavy rainfall, inland flooding, high winds, tornadoes, and rip currents.
- Since 2003, 43 states within the continental United States have come under a tornado watch; 49 states have come under severe thunderstorm watches; and lightning strikes occur in every state.
- Heat waves are common across the country during the summer. They are dangerous because the human body cannot cool itself properly when exposed to an extreme combination of heat and humidity.
- In 2015, there were 26 lightning fatalities.

2. Take Action

- You may have only minutes to find shelter before a tornado strikes. Practice a [family tornado drill](#) at least once a year.
- Protect yourself from [extreme heat](#) by rescheduling outdoor activities to earlier in the day.
- There is no safe place outside when lightning is in the area. If you hear thunder, you are likely within striking distance of the storm. Just remember, [When Thunder Roars, Go Indoors](#).
- Stay safe from rip currents and other beach hazards by only swimming at a beach with lifeguards and heed their direction. Learn how to [survive a rip current](#).
- If you live near wildland areas, make sure your home is [Firewise](#) and fire-safe. Also determine evacuation routes from your home. Visit [weather.gov](#) or the [Fire Weather Outlook](#) to determine if your area is at risk for dangerous fire weather conditions.
- Whether on foot or in a car, if you encounter flood waters, [Turn Around, Don't Drown!](#)

Your action can inspire others. Be a Force of Nature and share how you're working to stay safe from weather and water hazards this summer. You are doing more than just protecting yourself - you'll help NOAA build a [Weather-Ready Nation](#).

LAKENAN encourages everyone to be aware of all summer hazards and to be SAFE!

This information from http://www.nws.noaa.gov/com/weaterreadynation/summer_safety.html#.VOdUW_nF9u3